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*Vol. 28*

Find out about the St. Mary girls' afternoon with Religious Sisters of Mercy.

Read about our Career Day.

Get up to date with St. Mary athletics. Calendar p8

# About The Sisters



Last Friday all the 8-12 grade girls got to go and have lunch with the Religious Sisters of Mercy. The sisters told us a lot about the sisterhood. They do a lot with their community of sisters. For example they live with their sisters. They also explained to us how the process of the sisterhood works. All the girls had a fun time listening and learning about the sisterhood. We thank you for coming in.

This is Sister Mary. In this photo she is explaining how she got into the sisterhood. She explained that you don't have to be born a Catholic to become a sister. She was actually raised as an atheist and at 15 started reading the Bible on her own. She felt the need to go to mass to learn more. At mass, she wanted to become a follower of Jesus and finally, while she was studying to become a professional violinist, felt the call to the sisterhood.



# DETECTIVE SARGENT

*Matthew Wilt*

Matthew Wilt came in to speak to St Mary students about the duties and responsibilities of what it takes to be a detective sergeant. He mentioned the positives and the negatives about his job. For example, his job is never boring because you never know what may come up. He also explained what it's like to see the joy on the family's faces when you complete a case. Although his job may seem fun, he also stated the negatives of the job. He explained that he always has to have his cell phone turned on and with him 24/7, and he doesn't enjoy the political cases. He also stressed the importance of being committed in order to do this job.

Thank you Detective Wilt

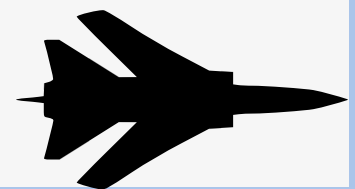


## U. S. AIR FORCE

*Kimberly Collins*

One of the many presenters that came on Friday, was Sgt. Kimberly Collins. Her presentation was about recruiting for the U.S. Air and Space Force. Sgt. Collins informed students about her job and what it takes to be in the Air Force. She described her day to day job and the benefits of being in the Air Force, such as 80% of her college being paid for. She is also being paid while in college so she can focus on her studies. The Air Force provides food and housing, as well as a very generous retirement plan.

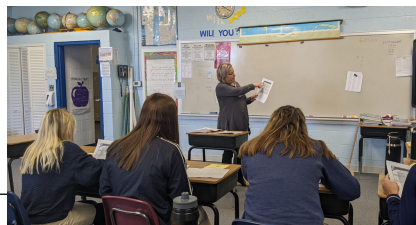
Thank you to Sgt  
Kimberly Collins.



# weekly newsletter

## MRS BLUST: RN SENIOR COORDINATOR

At St Mary's Career day, Mrs. Blust came in to teach students about her career as an RN- Senior Coordinator of Cardiac & Pulmonary Rehab. Mrs. Blust taught students what it was like going through the process of becoming a nurse. She recommended schools, classes to take, and what to go into based on what you feel is right for you. She also discussed what each type of nursing gets for their salary and how many years it takes for each level of nursing. Mrs. Blust chose to be a BSN which takes 4 years of schooling. Graduates with a BSN can work as bedside nurses in medical settings, such as hospitals, clinics, and physicians' offices. Mrs. Blust says the best part about her job would be helping her patients. She says her job is almost never boring because something new happens everyday and she gets to see new people with different problems who need her for help. It was very interesting to learn her story and why she chose this career.



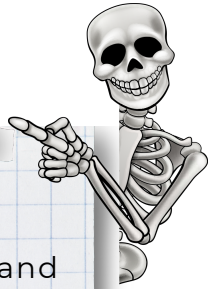
## Nichole Claussen: Med Surge

Nichole Claussen is an Instructor and Program Director of Surgical Technology at Kirtland Community College. While visiting St. Mary's for Career Day she talked to many of our students about the program and what her students do on a day-to-day bases. She explained the classes you take and how long the course is. Once you complete the first year of training you are placed as a part time intern. She brought in instruments the doctors use during procedure. She also explained some of the vocab the doctors and nurses will use while performing surgeries.





## Chiropractor



### Dr. Renee Elias

Dr Elias is a local Chiropractor and trainer. She was one of the Career day presenters this past Friday. At her presentation she talked about what Chiropractors have to notice about their patients, and the difference between athletes bodies and non athletes bodies. In one of her presentations she demonstrated how a slightly uneven hip could lead to a limp or even a spinal disfunction! This was incredible.



## Owner and President

### Jim Jeffers

He is the President and owner of J&J Construction and other small businesses. During Career day he talked to the students about the advantages and disadvantages of going into a trade. He explained how going into trade can make more money than going into debt for college education. Also, he shared what skills are needed to do his job. What he enjoys most about his job is being able to work outside and build friendships with his clients



# Sports update:



Golf:

Baseball: 2 losses against Boyne City

Softball: 2 losses against Central Lake

Track: Meet canceled @ Joburg



# Next Week

April 30th

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May 6th

## Events and Birthdays

## Sports

## Feast Day

## Lunch Menu

<p>Saturday April 30th</p> <p><b>Logan Cherry</b></p> 		 <p>St. Pius V, Pope</p>	
<p>Sunday May 1st</p> <p><b>Bowen Hanley</b> <b>Abby Moeggenberg</b></p> 		<p>St. Marculf (Marcoul)</p> 	
<p>Monday May 2nd</p> <p><b>Bella Pratt</b></p> 	<p>MS Track Meet @ East Jordan</p> <p>Baseball/Softball @ Forest Area</p> <p>Golf Match @ Home</p>	 <p>St. Athanasius</p>	<p>Nacho Chips w/ Nacho Cheese</p>
<p>Tuesday May 3rd</p> <p>Middle School Choir Concert 7- 8pm</p>	<p>Golf Match @ Mancelona Leaving 2pm</p>	 <p>St. James the Lesser</p>	<p>Chicken Nuggets</p>
<p>Wednesday May 4th</p> <p>8:30am School Mass</p> <p><b>Dayton Foot</b></p> 	<p>Baseball vs. Bellaire Home</p>	 <p>St. Florian</p>	<p>Mini Pancakes</p>
<p>Thursday May 5th</p> <p>11th Annual Diocese of Gaylord Regional Catholic Schools Catechism Bee</p>  <p><b>Nathaniel Kirk</b></p>	<p>Golf Match @ Joburg</p>	 <p>St. Hilary of Arles</p>	<p>Popcorn Chicken</p>
<p>Friday May 6th</p> <p><b>Austin Romel</b> <b>Mason Hinton</b></p> 	<p>HS Track Blue Devil Classic @ Gaylord</p> <p>MS Track Meet @ Inland Lakes</p> <p>Baseball @ Elk Rapids</p>	 <p>St. Dominic Savio</p>	<p>Pizza</p>

# BLOOD DRIVE

## Hope springs eternal

DONATE  
BLOOD

**THURSDAY**  
**May**

**12**

**9:00 AM - 1:30 PM**

**Helpful tip:**  
Make sure to eat a healthy  
meal and drink plenty of  
water before donating.



### **ST. MARY'S HIGH SCHOOL NHS COMMUNITY BLOOD DRIVE**

**LOCATION** -Held in the Multipurpose Room at  
St. Mary's High School

16 year old donors **MUST** have permission slip  
signed in order to donate (in school office). Photo ID  
required at our drives. Thank you!

Appointments preferred- Walk-in's welcome as the  
schedule allows. Help us reach our goal of 23  
donations and earn leadership awards through  
Versiti- Sign up today! Contact Marilyn Harbin  
[harbinemar@gmail.com](mailto:harbinemar@gmail.com) to schedule your  
appointment or scan the QR code below.

Questions about donating or eligibility? Call our  
Versiti Michigan hotline at 1-866-642-5663



# St. Mary's GOT TALENT

