Resources for Parents and Students

Spring 2020

Helping Children Cope With Changes Resulting From COVID-19
https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19

Coping with Stress During Infectious Disease Outbreaks
https://store.samhsa.gov/product/Coping-with-Stress-During-Infectious-Disease-Outbreaks/sma14-4885

Just for Kids a Comic Exploring the Coronavirus
https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus

Coping with COVID-19 - Pine Rest Christian Mental Health Services
https://pinerest.org/resource/coping-covid19/

Local Resources
https://scontent-ort2-1.xx.fbcdn.net/v/t1.0-9/90969839_3034170170033227_6601381510094258176_n.jpg?_nc_cat=110&_nc_sid=110474&_nc_ohc=anWfsh8wWaoAX9F1WsC&_nc_ht=scontent-ort2-1.xx&oh=0e370c7a4312ea6ae0bae9e28a53a8f8&oe=5EABF4D6

Diocese of Gaylord's Response to COVID-19
http://www.dioceseofgaylord.org/diocese-of-gaylords-response-to-covid-19-1238/

Holy Week Masses www.stmarycathedral.org:

Palm Sunday Vigil (April 4): Livestream at 5:00 p.m. (and available for later viewing).

Palm Sunday (April 5): Palm Sunday Vigil TV Broadcast at 8:00 a.m. on local FOX 32. Also viewable online at www.stmarycathedral.org.

Holy Thursday (April 9): Livestream at 5:00 p.m. (and available for later viewing).

Good Friday (April 10): Livestream at 1:00 p.m. (and available for later viewing).

Easter Vigil (April 11): Livestream at 7:00 p.m. (and available for later viewing).

Easter Sunday (April 12): Easter Vigil TV Broadcast at 8:00 a.m. on local FOX 32. Also viewable online at www.stmarycathedral.org

Catholic Human Services, Inc. - Counseling Resource
https://www.catholichumanservices.org/

For a full list of local counselors or other needed resources or questions, please email me at toconnell@gaylordstmary.org.